



Muggy's Hockey Camp 2026 Schedule

U15

Monday, Aug. 10	Tuesday, Aug. 11	Wednesday, Aug. 12	Thursday, Aug. 13
1:30pm Arrive	1:30pm Arrive	1:45pm Arrive	1:30pm Arrive
2:00pm - 2:30pm Off Ice (<i>behind LCLC</i>) Team Building	2:00pm - 2:50pm On Ice Power Skating	2:00pm - 2:30pm Off Ice <i>Teambuilding</i>	2:00pm - 2:50pm On Ice Power Skating
3:00pm - 3:50pm On Ice - Power Skating ----- 4:00pm - 4:15pm Snack provided	3:00pm - 3:40pm Off Ice - Snack (<i>provided</i>) in the room <i>Shooting instruction</i>	3:00pm - 3:50pm On Ice - Power Skating	3:00pm - 3:30pm Off Ice and snack (<i>provided</i>) <i>Shooting competition</i>
4:15pm - 5:00pm Off Ice Yoga	4:00pm - 5:20pm On ice - Puck skills and games	4:00pm - 5:00pm Off Ice and snack (<i>provided</i>) Cross fit for kids at 902 athletics	4:00pm - 5:20pm On ice - Full ice game
5:00pm- 5:30pm Supper	5:30pm- 6:00pm Supper (Bbq provided by Belliveau Veinotte Inc.)	5:00pm- 5:15pm Supper	5:30pm- 6:00pm Supper (pizza provided)
6:00pm -7:20pm On Ice Puck skills and games	6:00pm -7:00pm Off Ice Fitness testing at Michelin gym	5:30pm -6:50pm On Ice <i>Puck skills and games</i>	6:00pm -7:20pm Off Ice Active Healthy Living and Cheer on the U13 game
7:30pm - 8:30pm Off Ice (<i>LCLC Pool</i>) Swimming	7:30pm - 8:30pm Off Ice (<i>LCLC Pool</i>) Swimming	Charity Hockey Game In support of the Jax Mac's Foundation 7:00pm-8:00pm	7:30pm - 8:30pm Off Ice (<i>LCLC Pool</i>) Swimming
8:30pm Pick Up	8:30pm Pick up	8:15pm Pick up	8:30pm Pick up