



Muggy's Hockey Camp 2026 Schedule

U9

Monday, Aug. 10	Tuesday, Aug. 11	Wednesday, Aug. 12	Thursday, Aug. 13
7:30am Arrive	7:45am Arrive	7:30am Arrive	7:45am Arrive
8:00am - 8:50am On Ice - Power Skating	8:00am - 8:30am Off Ice (LCLC parking lot) Shooting Instruction	8:00am - 8:50am On Ice - Power Skating	8:00am - 8:30am Off Ice (LCLC parking lot) Shooting competition
9:00am - 9:50am Off Ice and Snack (provided) / Teambuilding outside the LCLC	9:00am - 9:50am On Ice - Powerskating	9:00am - 9:50am Off Ice and Snack (provided) / Teambuilding	9:00am - 9:50am On Ice - Powerskating ----- 10:00am-10:15am Snack (provided)
10:20am - 11:20am On Ice - Puck skills and small area games	10:00am - 10:15am Snack (provided)	10:20am - 11:20am On Ice - Puck skills and small area games	10:15am - 11:00am Off Ice Active Healthy Living outside and/or cheer on U11 full ice game ----- 11:00am - 11:20am Lunch (pizza provided) while watching U11 game
11:30am- 12:00pm Lunch - LCLC concourse	10:15am- 11:00am Off Ice Yoga	11:40am- 12:00pm Lunch - LCLC concourse	11:50am- 12:50pm On Ice Full ice game
12:15pm -1:15pm Michelin gym - Fun fitness testing	11:00am -11:20am Lunch - LCLC concourse (Bbq provided by Belliveau Veinotte Inc.)	12:15pm -1:15pm Off Ice 902 athletics - Crossfit for kids	1:00pm -1:15pm Snack (provided)
1:30pm - 1:45pm Snack	11:50pm - 12:50pm On Ice - Puck skills and small area games 1:00pm - 1:45pm Off Ice/Snack - low organized games (LCLC parking lot)	1:30pm - 1:45pm Snack	1:15pm-1:45pm Off ice - Low organized games (LCLC parking lot)
2:00pm - 3:00pm Off Ice (LCLC Pool) Swimming	2:00pm - 3:00pm Off Ice (LCLC Pool) Swimming	2:00pm - 3:00pm Off Ice (LCLC Pool) Swimming	2:00pm - 3:00pm Off Ice (LCLC Pool) Swimming
3:00 - Pick up	3:00 - Pick up	3:00 - Pick up	3:00 - Pick up