



Muggy's Hockey Camp 2026 Schedule

U13

Monday, Aug. 10	Tuesday, Aug. 11	Wednesday, Aug. 12	Thursday, Aug. 13
1:30pm Arrive	1:45pm Arrive	1:30pm Arrive	1:45pm Arrive
2:00pm - 2:50pm On Ice - Power Skating	2:00pm - 2:30pm Off Ice - Team building continued (LCLC parking lot) ----- Snack grab and go	2:00pm - 2:50pm On Ice - Power Skating	2:00pm - 2:30pm Off Ice - Shooting competition
3:00pm - 3:40pm Snack (provided) grab and go Off Ice - Team building LCLC parking lot	3:00pm - 3:50pm On Ice Powerskating	3:00pm - 3:40pm Snack (provided) ----- Off Ice - Outside leaders choice	3:00pm - 3:50pm On Ice - Power Skating
4:00pm - 5:20pm On Ice - Puck skills and games	4:00pm - 5:00pm Off Ice - Michelin gym fitness testing	4:00pm - 5:20pm On Ice - Puck skills and games	4:00pm - 4:15pm Snack
5:30pm- 6:00pm Supper	5:00pm- 5:30pm Supper (Bbq provided by Belliveau Veinotte Inc.)	5:30pm- 5:45pm Supper	4:15pm-5:00pm Off Ice - Active healthy living and/or cheer on U15 game
6:00pm -6:30pm Off Ice (behind LCLC) Shooting Instruction w/ Repetitions	6:00pm-7:20pm On Ice - Puck skills and games	6:00pm -6:50pm Off Ice - Cross fit for kids at 902 athletics	5:00pm -5:30pm Supper (pizza provided)
6:45pm - 7:30pm Off Ice - Yoga		7:00pm-8:00pm Charity Hockey Game	6:00pm - 7:20pm On Ice - Full Ice Game
7:30pm - 8:30pm Off Ice (LCLC Pool) Swimming	7:30pm - 8:30pm Off Ice (LCLC Pool) Swimming	In support of the Jax Mac's Foundation	7:30pm - 8:30pm Off Ice (LCLC Pool) Swimming
8:30pm Pick Up	8:30pm Pick Up	8:15pm Pick Up	8:30pm Pick Up